



ST. ANTHONY'S PARISH

The Catholic Parish of East Falmouth on Cape Cod

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This Week's Liturgy

From Sadlier (our textbook company).

This page offers a reflective look on this week's readings for Mass. Included are prayers, reflections and activities for all ages.

[Sadlier We Believe](#)

Lenten Reflections

From Bishop Robert Barron and Word on Fire Ministries. Free Lenten reflections sent to your email every day. A good tool to use to help with your journey of conversion in this season.

[Daily Lent Reflections](#)

Lent

Faith Formation Update February 10, 2016

Dear Faith Formation Families,

Today marks the beginning of Lent, a time for us to reconnect with God. It is a time for us to re-examine one's relationship with God and with others. Lent is a season of conversion, wherein we do things to help better ourselves (oftentimes that includes giving something up, fasting, almsgiving, etc.). As you go through these next few weeks, set some time aside for you and God and recommit yourselves to being followers of Christ.

News & Updates

Faith Formation Classes

There are NO Faith Formation classes this week due to school vacation. Classes will resume on 2/21 as regularly scheduled.

Youth Night

On Friday, February 12 at 4:30PM, we will be hosting our first ever youth night for Middle School and High School students! We will be showing the 1956 classic film the Ten Commandments (suggested by one of our gr. 6 classes). We will be providing pizza, snacks, and refreshments to enjoy. Students are encouraged to bring with them blankets/sleeping bags/pillows to lay on while watching the movie. We are also in need of several parent volunteers!



From BrokenHalo.com
A quick video on what Lent is, why we wear ashes on Ash Wednesday, and what we do during the Lenten season.

[Lent in 2 Mins.](#)

Year of Mercy

From Loyola Press.

This page offers many resources for the Year of Mercy. Included are prayers, activities, and articles related to the theme of mercy and, in particular, the Works of Mercy.

[Year of Mercy](#)

Student Mass

Thank you to our gr. 6 students for serving at Mass this past weekend! Our next student Mass will be held on Sunday, **March 6 at 11AM**. Students in **gr. 7** will serve as readers, greeters, gift bearers, and collection basket passers. All Faith Formation families are welcome to attend!



Lent Schedule

During this season of Lent there are many different faith-building opportunities/activities/talks happening in our parish. You can find the schedule of activities [listed here](#).



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