



ST. ANTHONY'S PARISH

The Catholic Parish of East Falmouth on Cape Cod

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This Week's Liturgy

From Sadlier (our textbook company). This page offers a reflective look on this week's readings for Mass. Included are prayers, reflections and activities for all ages.

[Sadlier We Believe](#)

DoCat App

An app designed to teach youth about the social doctrine of the Church, and to learn how to make the world a better place. An app that even Pope Francis has used!

[DoCat App](#).

Sacraments App

Explore the sacraments of Reconciliation and the Eucharist further with these interactive apps from our textbook company Sadlier.

[Apple App Store](#)

[Google Play Store](#)

Faith Formation Update October 5, 2016

Dear Faith Formation Families,

The Fall is finally upon us! After a long summer, its nice to feel some cooler weather. I hope you all can take the time this free weekend to enjoy God's creation in nature.

"Praise be to you, my Lord, through our Sister, Mother Earth, who sustains and governs us, and who produces various fruit with coloured flowers and herbs"—St. Francis of Assisi

News & Updates

Faith Formation Classes

Gr. 1-7

There will be **NO Faith Formation classes** this week (Sunday & Monday) due to the Columbus Day weekend. Classes will resume as normal on **10/16 & 10/17**.



Confirmation

Confirmation classes will meet again on **10/16 from 5:00pm-6:30pm**. Please remember to bring your challenge sheet with you (copies can be found on the [Confirmation section](#) of the parish website).

Children's Choir

Our children's choir will not be meeting this week due to the holiday weekend. For our

traditional children's choir (gr. 1-7) rehearsals will resume on **Monday 10/17 from 5:15 p.m.- 5:55 p.m.**



Parking

As most of you know, parking can be a nightmare on Sunday mornings, especially once Faith Formation classes are over.

Please give yourself a few extra minutes before classes



are over to ensure that you are able to get a parking spot. Please **DO NOT** park in the "No Parking" areas by the Lodge and church. The orange parking cones are set up to prohibit people from parking there. It causes further congestion/safety issues if you park in these areas.

Prayers

I want to reiterate one of the points Fr. Steve and I discussed during our parent meetings a few weeks ago.



Prayer is a very important part of our faith, and is vital to who we are as Catholics. We need prayer in our lives. One of our goals this year in the program is to reemphasize the importance of prayer through the learning and memorization of some basic prayers. These prayers include the [Our Father, Hail Mary, Glory Be, and the Act of Contrition](#). These are some prayers that every Catholic should know, especially for those who are preparing to receive the sacraments. I encourage each of you to spend time with your child each day taking time to pray.

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